

SANANI

Sharing her insights and experience from her sporting career as an athlete, on retiring from top-level sport (SA Hockey with 112 International Caps) and in keeping the personal development journey alive in the world of work. Sanani empowers Teams and Individuals to live their best lives through helping them perform at their best whatever arena they're working in and whatever conditions are prevailing.

- Women Empowerment Talks & Workshops with Coach Sharon
- Performance@Work with PK2 (UK)[™]
- Motivational Speaker

